



Tama Dō

The Academy of Sound, Color and Movement

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Tama-Do Academy's Level I Summer Intensive in the South of France

*May 26-June 9, 2008 (2 weeks)
800.615.3675 info@tama-do.com*



Tama-Do (*Way of the Soul*) Academy, created in 1988 by Fabien Maman, the founding father of vibrational sound therapy (Websters' Dictionary), is dedicated to the evolution of human consciousness through research, teachings and creativity. We offer courses in non-invasive techniques using Sound, Color and Movement® and Harmonizing Concerts to ground the Soul in daily life.

Once a year we offer a 2-week Level I Intensive Training in Europe. No previous experience necessary. Everyone is welcome!

This year we have the good fortune to make our Home in the hills of Provence, nestled between a forest of pine and vineyards and St. Paul de Vence, a medieval village and artists' Mecca, perched high on a hill, famous for its pink and golden light and views of the turquoise of the Mediterranean Sea. We are not far from the mystical Domaine des Courmettes, home of the Sacred Druid Forest, whose energetic quality is unique in all the world. Experience Tama-Do's sacred sound instruments, The Arche of Sound, Giant Pyramid, Chakra Tubes and Monochorde table as you discover your own "Way of the Soul" in the heart of the Cote d'Azur.

This Summer Intensive, taught by Senior Instructor Terres Unsoeld and Fabien Maman includes 8 of the 9 Level I courses:

- Kototama (Harmonizing the Aura with musical instruments around the body)*
- T.E.P. (Touch technique with sound and color)*
- Tuning Forks on the Musical Spine*
- Tuning Forks on Acupuncture Command Points and Diagnosis*
- Psychology of Chinese Temperaments*
- Color Glasses (color therapy using glasses made from ground up flower petals)*
- Tao Yin Fa (Movement for Health) Series I & II*
- Accessing the Way of the Soul through Color (learn to use Color Silks and Essences)*

Mornings begin with Tao Yin Fa, a form of Qi Gong created by Fabien Maman. Evening gatherings include sacred chanting, over-toning and meditation. The course will end with a Seasonal Harmonizing Concert. All activities will reflect the unique spiritual/energetic perspective of Tama-Do.

Here is some information about your trip:

You will be traveling into one of the most beautiful areas of France. From your arrival airport in Nice, you are close to several thousand-year-old walled medieval villages including the famous St. Paul de Vence and the charming Tourrettes sur Loup, the "Village of the Violets". The coast along the sea is known as the Cote d'Azur (Azure coast) and you will know why when you see the turquoise Mediterranean! (It's also known as the French Riviera). Cannes, not too far from Nice is the home of the Cannes Film Festival.

Schedule your trip:

We recommend you arrive in France a couple days early to get over jet lag and enjoy France! Students like to stay at the English friendly Hotel Marina in Nice. You can swim in the sea and get essential oil massages from the dearly loved Helene. (let us know if you want an appointment)

Hotel Marina: Phone: 011.33.04.93.44.54.04; Fax: 011.33.04.93.97.67.43; Hotelmarina-nice@wanadoo.fr

Arrival: You must arrive in Nice no later than Sunday May 25. THIS IS THE WEEKEND OF THE MONTE CARLO RACES, SO YOU MUST GET A HOTEL RESERVATION ASAP! (BEFORE JANUARY FOR SURE!)

We will pick you up by bus at the Hotel Marina May 26 at 10am. IF YOU MISS THE BUS YOU WILL NOT BE ABLE TO FIND US. We will be in the woods all day.

Workshop Begins Monday, May 26: 10am Bus pick-up at Hotel Marina. (with luggage). All day excursion with picnic lunch.

Workshop Ends Monday, June 9: after breakfast.

Accommodations:

This course is residential and takes place in a secluded hotel which was once a family villa. There is a peace in the air - and the colors of the sky are true Provence. The owners are kind and welcoming... and will respect our need for silence and privacy to do our inner work. Our caterer will be a mother/daughter team. The mother is a yoga instructor in the area. The food will be Provençal. Light... beautiful... poetic...

How to get there:

From the United States, you will want to fly to Nice in the South of France. Due to high season summer traffic, you want to take your ticket as soon as possible to get the best fares. You must find your way to Hotel Marina for the bus pick-up Monday morning the 26th of May.

What to bring:

A set of loose white clothes for the Tao Yin Fa in the morning (7am) and meditation in the evenings *Sun hat and suntan lotion * Good walking shoes * Laundry soap – (there are no laundry facilities – so you hand wash your clothes) * Sweaters and/or jackets for the evenings * battery alarm clock * little flashlight * if you insist on bringing a hairdryer make sure you have the appropriate electrical converters for France.

Registration:

All fees include tuition, food and lodging and workbook.

\$3200* semi private room with private bath, tuition and food.

Private room supplement: \$1000 (only 2 available)

(*possible fluctuation in fees based on dollar/euro exchange)

Limited spaces available. \$700 non refundable deposit due by February 15. Full fees due by April 15.

Reservations are not firm until full payment is received.

Additional Workshop Option

We are offering the 8 Qi Mo (Tuning Forks on the 8 Extraordinary Meridians) during the siesta afternoon breaks for students wishing to complete all 9 Level I Courses during this intensive. Course price: \$300.

Tama-Do Tools:

We recommend you purchase your Tama-Do tools before you travel. Due to security restrictions on airplanes, we can no longer carry tools to be purchased in Europe.

Become a Tama-Do Practitioner!

Our Practitioner Training Program consists of

Level I

3 weeks of classes and 50 practice sessions, Level I review and Practice Protocol

(offered in CA and NY and in Europe)

Level II

2 weeks of classes

(offered only once a year in the summer in Europe)

No previous experience necessary.

Everyone is welcome!

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Cancellations: Before 8 weeks prior to the start date: Full refund minus the deposit; 8 weeks or less from start date: No Refunds.