



Tama Dō

The Academy of Sound, Color and Movement

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Shamanic Journey in the Swiss Alps -

*"Re-Sourcing our Soul
in the Heart of Nature"*

July 12-26, 2008

800.615.3675 info@tama-do.com



Switzerland is the land of the Devas of Nature ~ the elves and the fairies of the mountains and forests, cascades and sky. It is the passageway for the legendary Druid caravans, the ancient ones, descendents of the children of Llyr and the Tuatha Dé Danaan ~ who came before from the Great mother and father in the sky ~ making their way to the South of France. This area offers opportunities for our own inner pathways to be revealed.

This is the quintessential Shamanic Journey of the Soul. We will traverse back to the roots of our childhood... back to the time when all was possible... and imprint the memories in our future... in the heart of the Nature of the Swiss Alps.

Fabien Maman, the Master Guide of Tama-Do, and Faery/Shaman Terres Unsoeld, initiated by the High Druidic Priestess of the French Order, will initiate us in Sacred rituals of water, wood, earth and sky.

We will learn the healing powers of the Devas of Nature... the fairies and elves, flowers and trees... and how to call them with song. We will deepen our Soul journey on hikes through moor and mountain, forest and fountain... the Nature has been waiting for us to join them in meditation, song and dance! We may experience the Dragons in the area...

The Rainbow Rays of Color will help us to channel our Higher Source. The songs of the 8 Master Stars of the 8 Directions will help us to know where we are in the Universe.

Fabien will transmit to us the ancient teachings of Kototama. Traced back to Druidic tradition more than 2000 years ago, this technique teaches us the healing powers of sound. We will heal the aura with musical instruments and elemental sounds around the body... and explore our Fundamental Movement of the Soul to decode our future program.

This Shamanic is about re-sourcing our Selves through Group and Self exploration. We will drink from the Nature the elixir of Life... to return to our lives refreshed, rejuvenated, re-confirmed and reborn!

Here is some information about your trip:

You will be traveling into one of the most beautiful areas of Switzerland. Grindelwald is a mountain playground in the Swiss Alps. This is the land of sparkling cascades, green forests and very high mountains! The Eiger, Junfrau and Monch are 3 of the highest mountains in Europe. We will see them out our window! This is also the land of the best coffee in the world! (sorry Italy!) The secret of the coffee is the sweetness and purity of the water. It's coming from the high glacier mountain source. Switzerland is also the land of chocolate, cheese, and crisp clear air, green, green pastures, sparkling mountain lakes and of course, the beautiful snow capped mountains. The flower fairies are very happy!

Be prepared for childlike energy. This is the land of wonder!

Schedule your trip:

It's always wise to arrive a couple days early to get over jetlag.

Arrive Saturday, July 12: 4 pm Arrive at the Grindelwald train station. We will pick you up. Please arrive on time! We have to organize cars to take you to the chalets.

Depart Saturday July 26: 9:30am. We will take you back to the Grindelwald train station.

Accommodations:

We will be staying in a chalet on the upper edge of Grindelwald, and a mountain house up one of the lifts. If you like strenuous hiking, you will want to stay in the mountain house, as you will be walking up and down the hill quite a bit. It's beautiful!

How to get there:

From the United States, you will want to fly to Geneva or Zurich, whichever is easiest.

You will take a train from the airport to Grindelwald. It is important that you purchase a Swiss $\frac{1}{2}$ Fare Pass when you buy your train ticket. This will help you later with the lifts in Grindelwald.

What to bring:

Good walking shoes; wool socks recommended for nighttime; light clothing easy to wash and dry if wet. Jeans and heavy cottons are not recommended; backpack; Sun hat and suntan lotion; Light rain jacket (or poncho); Sweaters and/or jackets for the evenings. It is usually in the 70s during the day but cold at night because we are in the mountains; Liquid soap to handwash your clothes (there are no washing machines); little flashlight; water bottle.

Registration:

\$3,200 (semi-private room, food, tuition) Reservations are not firm until paid in full.

Private supplement \$600 (only 2 places available)

Not included: transportation to and from Grindelwald and lift tickets.

This Shamanic is limited to 16 people - invitation only.

\$700 non refundable deposit due by December 31. All fees due by April 15.

Cancellations: Before 8 weeks prior to the start date: Full refund minus the deposit;
8 weeks or less from start date: No Refunds.

For more information on Tama-Do: www.tama-do.com 800.615.3675